

History and Physical – Rotation 3

Siddharth Shah
Rotation 3 – OBGYN

Identifying Data

March 30th, 2023 – 11:00 AM
EM 33 y/o F
Race/Nationality: Hispanic
Location: Woodhull Hospital
Informant: Self
Referral source: Self

Chief Complaint: “Pelvic pain”

History of Present Illness:

33 y/o F G3P003 8 weeks pregnant LMP was on 2/15/2023 presents c/o of vaginal bleeding for 2 days. The patient bleeding was light and did not require a use of pad. Patient denies any history of similar complaints in her previous pregnancy. Patient denies any lower abdominal pain or cramping. Patient denies vaginal discharge, dysuria, n/v/d. chest pain, and shortness of breath.

Past Medical History:

- None

Past Surgical History:

- No surgical history

Medications:

- Prenatal vitamins

Allergies:

- NKA

GYN History:

- Last mammography: Never
- Sexually active: One male partner
- Denies history of STI
- Denies history of fibroids, and abnormal PAP Smears

Social History:

- Lives with partner
- Social drinker
- Denies illicit drug use, and cigarettes.
- Occasionally smokes marijuana

Family History:

- Mother is diabetic
- Brother is diabetic

Review of Systems:

General: Appears alert and orientated, no acute distress.

Skin: Denies changes in texture, excessive dryness or sweating, discolorations, pigmentations, moles/rashes, pruritus, or changes in hair distribution.

Head: denies headache, and vertigo.

Eyes: Denies visual disturbances, double vision, blurriness, excess tearing or dryness, photophobia, or pruritis.

Ears: Denies hearing loss, tinnitus, discharge, earache.

Nose and sinuses: Patient denies discharge

Mouth and throat: Denies sore throat, bleeding gums, ulcerations.

Neck: Denies localized swelling, lumps, stiffness, or decreased range of motion.

Pulmonary: Denies cough. Denies shortness of breath, denies wheezing Denies hemoptysis, cyanosis.

Cardiovascular: Denies chest pain, palpitations, edema, irregular rhythms.

Gastrointestinal: Denies changes in appetite, intolerance to any foods, no vomiting/dysphagia or pyrosis. No constipation or abdominal pain.

Genitourinary: Denies incontinence, dysuria, nocturia, urgency, oliguria, or polyuria.

Nervous: Denies seizures, sensory disturbances, ataxia, loss of strength, change in cognition/mental status/memory, or weakness

Musculoskeletal: Denies joint pain, swelling, weakness, changes in range of motion, or instability.

Peripheral Vascular: Denies peripheral edema. Denies intermittent claudication.

Hematologic: Denies History of DVT/PE, and leg swelling.

Endocrine: Denies heat/cold intolerance, excessive sweating.

Gyn: See HPI

Physical Exam:

General: No acute distress, alert & orientated

Vitals:

- BP(Seated): L – 142/78
- P: 85, regular
- RR: 18 breaths/min, unlabored
- T: 99.4.F,
- SpO2: 97%
- Weight 200lbs

Skin: Warm and moist throughout. No erythema. No jaundice.

Hair: Average quantity and distribution.

Nails: No clubbing, capillary refill <2 seconds in all four extremities

Head: Normocephalic, atraumatic, nontender to palpation throughout.

Eyes: sclera white, cornea clear, conjunctiva pink.

Nose: Symmetrical and no masses, lesions, signs of trauma or discharge noted. Nares are patent bilaterally and nose is non tender to palpation

Ears: No masses, lesions, or deformities on external ears.

Thyroid: Nontender to palpation, no masses

Lungs: Lungs CTA B/L. No increased work of breathing or accessory muscle use. No rales, rhonchi, or wheezing.

Heart: Carotid pulses are 2+ bilaterally without bruits. RRR, S1 and S2 are distinct with no murmurs, S3 or S4.

Abdomen: Abdomen is symmetric without striae, no pulsations. Non-tender to palpation or percussion throughout. No guarding or rebound tenderness.

GYN:

Vulva: No lesions, no scaling

Vagina: Scant light brown (old oxidized blood)

Cervix: No blood or discharge, OS is closed. No CMT

Uterus: Non-tender, no palpable masses

Adnexa: Non-tender, no palpable masses

Musculoskeletal: No erythema, soft tissue swelling, or tenderness present on bilateral upper extremities. FROM of all upper and lower extremities bilaterally. No evidence of spinal deformities

Neurologic: All cranial nerves are intact

Assessment: 33 y/o F G3P003 8 weeks pregnant LMP was on 2/15/2023 presents c/o of vaginal bleeding for 2 days.

DDx:

- Molar pregnancy
- Missed abortion.
- Placenta previa
- Ectopic Pregnancy

Plan:

- Type & Screen
- Ultrasound
- UA
- UC
- Beta-hCG
- CBC
- CMP

Results:

Imaging Results: US shows thickened endometrium hyperechoic & hypoechoic material noted in uterine cavity. No clear gestational sack, yolk sac or fetal pole visualized. No fetal cardiac activity

Beta HCG:

3/20/2023	4/1/2023	4/2/2023
70,844	89,1190	33,402

Dx: Molar pregnancy.

Treatment: Suction Dilatation & Curettage

